

**AMENDMENTS TO THE CLAIMS**

1-3. (Cancelled)

4. (Currently Amended) A fat or oil composition comprising:  
oleic acid of 15.2~27.0 ~~8.5~27.0~~ parts by weight;  
linoleic acid of 24.0~42.5 ~~13.4~42.5~~ parts by weight; and  
linolenic acid of 0.9~1.6 ~~0.5~1.6~~ parts by weight per one part by weight of long-chain highly unsaturated fatty acids.

5. (Cancelled)

6. (Previously Presented) A fat or oil composition according to Claim 4, wherein a ratio of the long-chain highly unsaturated fatty acids is 1~3 % by weight of the whole fatty acid composition.

7. (Currently Amended) A fat or oil composition according to Claim [[2 or]] 4, wherein the long-chain highly unsaturated fatty acids are EPA and/or DHA.

8. (Currently Amended) A fat or oil composition according to Claim [[2 or]] 4, wherein an antioxidant is not added.

9. (Currently Amended) A fat or oil composition according to Claim [[2 or]] 4, which comprises an antioxidant of 0.005~0.02 % by weight.

10. (Currently Amended) A fat or oil composition according to Claim [[2 or]] 4, which is a liquid state at 5°C.

11. (Currently Amended) A fat or oil composition according to Claim [[2 or]] 4, which is prepared from flax seed oil, corn oil or purified fish oil.